

## NAU Resources Marriage/Sexual/Cultural

### For you:

- *The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God* by Tim and Kathy Keller
- *Marriage: A Gospel Commitment Every Couple Needs to Make* by Paul David Tripp
- *Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages* by Gary Chapman
- *The Five Love Languages* by Gary Chapman
- *The Sacred Search: What if It's Not about Who You Marry, but Why?* by Gary Thomas
- *Enhancing Your Marriage: A Women's Bible Study*, by Judy Rossi
- *Sacred Sex* by Tim Alan Gardner
- *A Celebration of Sex*, by Dr. Douglas E. Rosenau
- *A Celebration of Sex After 50*, by Douglas E. Rosenau
- *Sheet Music* by Kevin Leman
- *God Loves Sex* by Dan B. Allender and Tremper Longman III
- *Making Sense of the Men in Your Life* by Kevin Leman
- *Pulling Back the Shades: Erotica, Intimacy, and the Longings of a Woman's Heart* by Dannah Gresh and Juli Slattery
- *Intimate Issues* by Linda Dillow and Lorraine Pintus
- *Intimacy Ignited: Discover the Fun and Freedom of God-Centered Sex* by Linda Dillow
- *Intimate Issues: 21 Questions Christian Women Ask About Sex* by Linda Dillow and Lorraine Pintus
- All Books by Gary Thomas

### To teach your kids about their sexuality:

- *Secure Daughters, Confident Sons: How Parents Guide Their Children into Authentic Masculinity and Femininity* by Glenn T. Stanton
- *Making Virginity Possible: Simple Strategies You Can Learn to Protect Your Child's Sexual Purity* by Keith Deltano
- *Protecting Your Child in an X-Rated World: What You Need to Know to Make a Difference* by Frank York and Jan LaRue
- *Family Survival in an X-Rated World: A Practical Program for Guarding Your Heart and Protecting Your Home* by Adrian Rogers and Steve Rogers
- *How and When to Tell Your Kids about Sex* by Stan and Brenna Jones (Parent's Guide)  
Stan and Brenna Jones also have a four-part age-oriented series on teaching your kids about sex:  
*Book 1: The Story of Me* (ages 3-5)  
*Book 2: Before I Was Born* (ages 5-8)  
*Book 3: What's the Big Deal? Why God Cares about Sex* (ages 8-11)  
*Book 4: Facing the Facts: The Truth about Sex and You* (ages 12-14)
- *A Chicken's Guide to Talking Turkey with Your Kids About Sex* by Dr. Kevin Leman and Kathy Flores Bell
- *Interviewing Your Daughter's Date* by Dennis Rainey
- *Aggressive Girls, Clueless Boys* by Dennis Rainey
- *Learn to Protect Your Child's Sexual Purity* by Keith Deltano
- *Guardians of Purity: A Parent's Guide to Winning the War against Media, Peer Pressure, and Eroding Sexual Values* by Julie Hiramane

## For teens and young adults about their sexuality:

- *Every Young Woman's Battle* by Shannon Ethridge
- *Technical Virgin: How Far is Too Far?* by Hayley DiMarco (written to teen girls) (Any Hayley DiMarco book on sex/sexuality—or any topic—is highly recommended!)  
*Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation* by Steve Arterburn and Fred Stoeker
- *Almost Sex: 9 Signs You're About to Go Too Far (or already have)* by Michael DiMarco (written to teen boys) (Any Michael DiMarco book on teen sex/sexuality—or any topic—is highly recommended!)
- *The Way of Purity: Enjoy Lasting Freedom in Christ* by Mike Cleveland

## Resources and Websites

### Marital Sexual Intimacy and Children's Internet Safety

#### Website resources:

[www.desiringgod.org](http://www.desiringgod.org) (Search by topic for terrific articles!)

[www.enough.org](http://www.enough.org) (Internet safety for children and families)

[www.familylife.com](http://www.familylife.com) (search by topic)

[www.focusonthefamily.com](http://www.focusonthefamily.com) (search by topic)

[www.focusonthefamily.com/parenting/sexuality/kids-and-pornography/seven-strategies-to-combat-teen-porn-use](http://www.focusonthefamily.com/parenting/sexuality/kids-and-pornography/seven-strategies-to-combat-teen-porn-use)

[www.pluggedin.com](http://www.pluggedin.com) (Media critiques)

[www.screenagers.com](http://www.screenagers.com)

There is a new filtering program called **Canopy.us** that is a “next generation” product. You can install on your computers and cell phones. It does not just block sites; it blocks images too.

### Resources for Sexual Sin/Abuse/Pornography Use/Bondage

- *Healing Your Marriage When Trust is Broken: Finding Forgiveness and Restoration* by Cindy Beall
- *Hope after Betrayal: Healing When Sexual Addiction Invades Your Marriage* by Meg Wilson
- *Rid of My Disgrace: Hope and Healing for Victims of Sexual Abuse*, by Justin and Lindsey Holcomb
- *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse* by Dan Allender
- *Naked and Unashamed: Choosing God's Divine Design for Sex*, by Judy Rossi and Sandy Troutman
- *Shattered Vows: Hope and Healing for Women Who Have Been Sexually Betrayed* by Debra Laaser
- *Every Heart Restored: A Wife's Guide to Healing in the Wake of a Husband's Sexual Sin* by Stephen Arterburn, Fred & Brenda Stoeker
- *Worthy of Her Trust: What You Need to do to Rebuild Sexual Integrity and Win Her Back* by Stephen Arterburn and Jason Martinkus
- *Sexual Detox: A Guide for Guys Who are Sick of Porn* by Tim Challis
- *Hope in a Pornified World* by Tim Challes
- *Rescue Plan: Charting a Course to Restore Prisoners of Pornography* by Deepak Reju and Jonathan D. Holmes
- *Reclaim Your Marriage: Grace for Wives Who Have Been Hurt by Pornography* (New Growth Press, 2022)
- Darby Strickland, “8 Steps to Prepare before Confronting Your Husband's Use of Pornography”, <https://www.ccef.org/8-steps-to-prepare-before-confronting-your-husbands-use-of-pornography/>
- “How to Discern True Repentance When Serious Sin Has Occurred” by Darby Strickland, *Journal of Biblical Counseling* 34:3 (2020): 30-47 (an article that will help you recognize if your spouse is genuinely repentant.)
- *Unfiled: Redemption from Sexual Sin, Restoration for Broken Relationship* by Harry Schaumburg
- *Healing the Wounds of Sexual Addiction* by Dr. Mark R. Laaser
- *Confronting Your Spouse's Pornography Problem*, by Rory C. Reid and Dan Gray
- *False Intimacy: Understanding the Struggle of Sexual Addiction* by Harry Schaumburg

- Mikala Simpson, “What you should know about women and pornography,” September 20, 2018, Ethics & Religious Liberty Commission, <https://erlc.com/resource-library/articles/what-you-should-know-about-women-and-pornography/>
- *No Stones: Women Redeemed from Sexual Addiction* by Marnie C Ferree
- *Dirty Girls Come Clean* by Crystal Renaud
- *Every Woman’s Battle* by Stephen Arterburn

**Website resources:**

<https://canopy.us>

[www.covenanteyes.com](http://www.covenanteyes.com) (Internet protection for every screen)

[www.harvestusa.org](http://www.harvestusa.org) (“How Do I Talk to My Kids about Porn?”-4 minute video and other helpful material)

[www.hopequestgroup.org](http://www.hopequestgroup.org)

[www.settingcaptivesfree.com](http://www.settingcaptivesfree.com)

[www.freedomeveryday](http://www.freedomeveryday)

[www.purelifemministries.org](http://www.purelifemministries.org)

**Our Changing Culture—Addressing the LGBTQ+ Movement**

*Loving My (LGBTQ) Neighbor* by Glenn T. Stanton

*We Will Not Be Silenced: Responding Courageously to Our Culture’s Assault on Christianity* by Erwin W. Lutzer

*Is God Anti-Gay?* by Sam Allberry

*Why Does God Care Who I Sleep With* by Sam Allberry

*Gay Girl Good God* by Jackie Hill Perry (audio version excellent!)

*What God Has to Say about Our Bodies* by Sam Allberry

*Space at the Table: Conversations Between an Evangelical Theologian and His Gay Son* by Brad Harper, Drew Harper, et al. (audio version excellent)

*The Secret Thoughts of an Unlikely Convert: An English Professor’s Journey into Christian Faith* by Rosaria Champagne Butterfield

Books by Preston Sprinkle (check out his podcasts as well)

*Does the Bible Support Same-Sex Marriage?: 21 Conversations from a Historically Christian View*

*People to Love: Why Homosexuality is not Just an Issue*

*The Abolition of Sex: How the “Transgender” Agenda Harms Women and Girls* by Kara Dansky