

RRC Chart 5A

Let's collect on paper what you have observed in each child up to now. Use the following chart to write descriptive observations in the following areas: physical, academic, emotional, and social. Ask the Lord's guidance in listing each child's strengths (attributes, gifts, talents). Use one or two-word descriptions and be thorough. Use the side margins, a notebook, or journal if you need more room. Some characteristics may be alike among your children, and many will not. (**Note:** This is a great exercise to do with your husband since he may see other or different characteristics in each child. Respect his input; this is team-building.)

(**Cognition** is the "mental action or process of acquiring knowledge and understanding through thought, experience, and the senses". It encompasses all aspects of intellectual functions and processes such as: perception, attention, thought, imagination, intelligence, the formation of knowledge, memory and working memory, judgment and evaluation, reasoning and computation, problem-solving and decision-making, comprehension and production of language.)

Observation: Each Child's Strengths

Name:	Name:	Name:	Name:	Name:
Physical	Physical	Physical	Physical	Physical
Cognition/Academic	Cognition/Academic	Cognition/Academic	Cognition/Academic	Cognition/Academic
Emotional	Emotional	Emotional	Emotional	Emotional
Spiritual	Spiritual	Spiritual	Spiritual	Spiritual

RRC Chart 5B

Observation: Each Child's Weaknesses

Name:	Name:	Name:	Name:	Name:
Physical	Physical	Physical	Physical	Physical
Cognition/Academic	Cognition/Academic	Cognition/Academic	Cognition/Academic	Cognition/Academic
Emotional	Emotional	Emotional	Emotional	Emotional
Spiritual	Spiritual	Spiritual	Spiritual	Spiritual

Add to your observations throughout the week, being deliberate to scrutinize your children individually *“by their conduct.”*
 In this exercise, based on your observation, *assess* what makes each child *specifically* unique. (This may be positive or negative.)

RRC Chart 5C

Assessment: Each Child's Specific Uniqueness

Name:	Name:	Name:	Name:	Name:

RRC Chart 5D

Assessment: Insights into My Child's Personality

Next, take one child at a time and *assess* what you've observed in his or her personality up to this point. Is there something you hadn't noticed before now? What are you learning? What is the Lord showing you about this child? Write any insights here:

Name:	Name:	Name:	Name:	Name:

RRC Chart 5E

Assessment: My Children's Blended Traits

What characteristics in each child do you see as a blending of both positive and negative? Write your assessment in the chart that follows.

Name:	Name:	Name:	Name:	Name:

Next, under each child's name above, circle the potential positive traits (potential strengths) that God can strengthen out of the blend.

How does seeing this potential encourage you as a mom?

RRC Chart 5F

How I Can Encourage the Positive Traits within the Blend

In the following chart, write what you can do to encourage the positive characteristic in the blend you identified in the previous chart.

Name:	Name:	Name:	Name:	Name:

RRC Chart 5G

Potential Weakness from A Strength

Identify any potential weakness forming from a child's strength and record your insights.

Name:	Name:	Name:	Name:	Name:

RRC Chart 5H

Positive Influences or Experiences in My Child's Life

We've all had significant influences in our lives that contribute to shaping who we are today. Some of these influences were positive, and some were not. From this perspective, what or who have been some prominent positive influences or experiences in each child's life that have contributed to his or her personality development (such as relationship with Christ, special people in their lives, personal accomplishments, or family, personal, educational, and spiritual experiences)?

Name:	Name:	Name:	Name:	Name:

RRC Chart 5I

Negative Influences or Experiences in My Child's Life

What or who have been some prominent **negative** influences and experiences in each child's life that have contributed to his or her personality development? Some examples include personal trauma, illness, family trauma due to separation, death, or divorce; relational issues at home with parents, siblings. Write them in the following chart:

Name:	Name:	Name:	Name:	Name:

RRC Chart 5J

Insights into My Children's Positive and Negative Influences and Who They Are Today

In the following chart, assess how each child's positive and negative influences have contributed to who they are right now?

Name:	Name:	Name:	Name:	Name:

RRC Chart 5K

Ways I Wish My Child Were Different

On Days Two and Three, you observed and assessed the following: each child's strengths and weaknesses; that which makes each unique; your insights into their personalities; and how their positive and negative experiences have helped shape them. Take a moment to review these charts; then, in this next exercise, candidly and honestly list in what ways you wish each child were different?

Name:	Name:	Name:	Name:	Name:

RRC Chart 5L

What I Think My Child's Self-Perception is ... Based On

In the chart that follows, consider how you think each child would answer the question, "Who Am I?" On what do you think they would base their answer? (*Note:* we can't crawl into our kid's heads and answer these questions with pinpoint accuracy; however, over the years we've caught glimpses and picked up subtle or not-so-subtle clues about what they think of themselves. So answer the question based on this perception.)

Name:	Name:	Name:	Name:	Name: