

## RRC Chart 8A

### *Brainstorming My Child's Behavior*

Identify a few of your own children's misbehaviors. Use the same model: **Behavior, The Choice I Give Them, The Natural Consequence** (or created if there is no natural), and **My Response**. Walk through your own scenario with your husband or a friend and "practice" this art of godly discipline. (Make as many copies of this chart on the next two pages as you need to deal with behaviors.)

**Child's Name:**

|   |  |
|---|--|
| <b>The Behavior</b>                     |  |
| <b>The Choice I Give Him/Her</b>        |  |
| <b>Consequence:<br/>Natural/Created</b> |  |
| <b>My Response</b>                      |  |

**Child's Name:**

|   |  |
|---|--|
| <b>The Behavior</b>                     |  |
| <b>The Choice I Give Him/Her</b>        |  |
| <b>Consequence:<br/>Natural/Created</b> |  |
| <b>My Response</b>                      |  |

**Child's Name:**

|   |  |
|---|--|
| <b>The Behavior</b>                     |  |
| <b>The Choice I Give Him/Her</b>        |  |
| <b>Consequence:<br/>Natural/Created</b> |  |
| <b>My Response</b>                      |  |

**Child's Name:**

|   |  |
|---|--|
| <b>The Behavior</b>                     |  |
| <b>The Choice I Give Him/Her</b>        |  |
| <b>Consequence:<br/>Natural/Created</b> |  |
| <b>My Response</b>                      |  |

**RRC Chart 8B**

***Assessing the Use of "The Rod"***

Your personal history with "The Rod" as a child: If you were spanked as a child, how were your spankings typically administered? What do you remember about your parents' emotions? What instrument(s) was used? How did your parents' spankings influence the behavior to which it was directed? How did return and restoration take place after your spankings? How did your parents' method of physical discipline influence your current opinion on spanking as a valid or invalid form of discipline?

| How spanking was typically administered | Your parent's emotions at the time | Spanking instrument used | Return and restoration? | Influence of parents' physical discipline on my attitude toward spanking |
|---|------------------------------------|--------------------------|-------------------------|--|
|   |                                    |                          |                         |  |

If you spank your child, even with just a swat, what typically motivates that action? What *should* motivate that type of discipline? Write down previous emotions, motives, and intents you've had before you spanked your child.

| Previous Emotions | Previous Motives | Previous Intents |
|-------------------|------------------|------------------|
|                   |                  |                  |

What I must get under control before I discipline at all, not just with a rod:

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***Behaviors That Require a Spanking***

List those behaviors that you and your husband agree require a spanking

|       |       |       |
|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

How will you determine when spanking is no longer necessary?

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## RRC Chart 8C

### *Training in Righteousness*

In the graph below: **a)** write each child's name; **b)** re-state recent consistent misbehaviors **c)** indicate the current methods you use to correct those behaviors; and **d)** indicate each child's response to your methods used. If you chose not to correct the misbehavior, indicate that under "Method."

| Name | Consistent Misbehavior | Current Method(s) of Correction | Child's Response |
|------|------------------------|---------------------------------|------------------|
|      |                        |                                 |                  |
|      |                        |                                 |                  |
|      |                        |                                 |                  |
|      |                        |                                 |                  |
|      |                        |                                 |                  |

Next, prayerfully review your methods of correction and your child's response to them. Do any methods need to change? What, if anything, would you have to do to bring your methods alongside God's? How will you address these misbehaviors the next time they occur? How will you alter your method of discipline if the current one is not having the desired result? Write your answers below. (**Note:** A behavior may have to recur before you know what natural consequence you have to work with. Therefore, sometimes you can't plan ahead. However, it is wise to have a created consequence in the making for that behavior should you need it.) Be sure to record your child's response when you apply the altered method of correction.

| Name | Consistent Misbehaviors | Altered Method(s) of Correction | Child's Response |
|------|-------------------------|---------------------------------|------------------|
|      |                         |                                 |                  |
|      |                         |                                 |                  |
|      |                         |                                 |                  |
|      |                         |                                 |                  |
|      |                         |                                 |                  |

Over the next weeks, be aware of your *consistency* in dealing with your child's misbehavior. What must you do to become more consistent in correcting each offense?

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Together as husband and wife, evaluate your ability to discipline as a team. What would you like to change? Discuss and agree on what this change would require of *you*; what it would require of *him*.

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Ask the Lord to show you/teach you where you and your husband need to shore up your discipline skills. Agree as husband and wife to support each other in both disciplining and encouraging your children. Ask each other how to fill in the blanks below:

***For the wife: List ways in which you can better support your husband's efforts as disciplinarian and encourager:***

|       |       |
|-------|-------|
| <hr/> | <hr/> |
| <hr/> | <hr/> |
| <hr/> | <hr/> |

***For the husband: List ways in which you can better support your wife's efforts as disciplinarian and encourager:***

|       |       |
|-------|-------|
| <hr/> | <hr/> |
| <hr/> | <hr/> |
| <hr/> | <hr/> |

Journal any other insights on what you would have to change to bring your methods of discipline alongside God's methods

